



Touched by Addiction Support Group

JFCS is offering this support group for family members who have a loved one grappling with current or past substance use issues.

Addictions of all kinds can create turmoil in the lives of those grappling with their dependencies and can directly impact family members and loved ones. This support group will help ease the feeling of isolation as a loved one of a person struggling with addiction. Join with others who have experienced similar challenges. In addition to sharing personal experiences, insights, and advice, you will learn about and engage with speakers on topics related to co-dependency, self-care, combating denial, healthy role modeling, depression & anxiety, and how to feel empowered in confronting these issues.

Group Facilitators



Dr. Caroline Fenkel, LCSW is the Executive Director at Center for Families. Her passion lies in helping people heal from mental health concerns through experiential therapy, group therapy and animal-assisted therapy. She has worked in the field of addiction support services at all levels of care, including outpatient and residential, and at numerous national programs.



Sarah Waxman, LSW is a JFCS Family Life Educator and psychotherapist. She has a background in youth development, experiential Jewish education and clinical social work. Sarah works with adult clients in their process of healing around trauma, mood disorders, family dynamics and relationship concerns, life transitions and substance use disorders.

When: Wednesday Evenings, April 3 through June 5 (except April 24), 6:30–8:30pm

Where: The Barbara and Harvey Brodsky Enrichment Center of JFCS
345 Montgomery Ave, Bala Cynwyd PA

Cost: Cost for all sessions: \$36 per person for new members. \$18 for returning members. Registration required. Reduced rate available based on need.

RSVP: For more information and to register for the group, contact Sarah Waxman, LSW at SWaxman@jfcsp Philly.org or 267.804.5888